[confess]

ידה *yadah* (H3034) הדה *hadah* (H1911) literally means to “throw the hand” or stretch out the hand to grab (cf. Isaiah 11:8); to show thanks or praise—*when written in the hiphil [active causative] form* (cf. Genesis 29:35; Psalm 18:49) or confession—*when written in the hitpa’el [reflexive] form* (cf. Job 40:14; Psalm 32:5; Proverbs 28:13).